

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/11/2015	(3) CONTACT/PHONE Cindy Collins, Administrative Services Manager 788-2932 Raven Lopez, Accountant III 781-4783	
(4) SUBJECT Request to approve: 1) a FY 2015-16 renewal contract with the option to renew for two additional years with Wilshire Community Services in an amount not to exceed \$528,889 to provide mental health services, and 2) a resolution amending the Position Allocation List to delete 1.0 FTE vacant Mental Health Therapist IV from Fund Center 166 – Behavioral Health. All Districts.			
(5) RECOMMENDED ACTION It is recommended that the Board approve: 1) a FY 2015-16 renewal contract with the option to renew for two additional years with Wilshire Community Services in an amount not to exceed \$528,889 to provide mental health services and 2) a resolution amending the Position Allocation List to delete 1.0 FTE vacant Mental Health Therapist IV from Fund Center 166 – Behavioral Health. All Districts.			
(6) FUNDING SOURCE(S) Mental Health Services Act, Medi-Cal Revenue, Medicare Revenue, and Private Insurance	(7) CURRENT YEAR FINANCIAL IMPACT \$528,889.00	(8) ANNUAL FINANCIAL IMPACT \$528,889.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input checked="" type="checkbox"/> Resolutions <input checked="" type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001584		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: N/A <input type="checkbox"/> 4/5 Vote Required <input checked="" type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT? No	(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>8/26/15</u>	
(17) ADMINISTRATIVE OFFICE REVIEW Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director
Anne Robin, L.M.F.T., Behavioral Health Administrator

DATE: 8/11/2015

SUBJECT: Request to approve: 1) a FY 2015-16 renewal contract with the option to renew for two additional years with Wilshire Community Services in an amount not to exceed \$528,889 to provide mental health services, and 2) a resolution amending the Position Allocation List to delete 1.0 FTE vacant Mental Health Therapist IV from Fund Center 166 – Behavioral Health. All Districts.

RECOMMENDATION

It is recommended that the Board approve:

- 1) a FY 2015-16 renewal contract with the option to renew for two additional years with Wilshire Community Services in an amount not to exceed \$528,889 to provide mental health services and
- 2) a resolution amending the Position Allocation List to delete 1.0 FTE vacant Mental Health Therapist IV from Fund Center 166 – Behavioral Health. All Districts.

DISCUSSION

The Behavioral Health Department contracts with various mental health service providers to provide mental health treatment and support, in addition to providing expanded services that reach underserved populations, as directed by the Mental Health Services Act (MHSA). Wilshire Community Services is specially trained and competent to provide these services. The request before the Board of Supervisors is to approve the renewal contract with Wilshire Community Services with the option to renew for two additional years, as well as approve an associated resolution amending the Position Allocation List for FC 166 – Behavioral Health (detailed below).

Exhibit C. 4. allows for the option to renew this agreement for two successive one year terms. By approval of this contract, the Board is delegating authority to the Health Agency Director to determine whether to renew this contract without additional approval by your Board. Renewal of this agreement must be done in writing, approved by County Counsel, and be consistent with the limits described in Section 30 of Exhibit D.

Prevention and Early Intervention (PEI) – Older Adult Mental Health Initiative:

As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities. Wilshire Community Services conducts the Older Adult Mental Health Initiative, a community selected prevention and early intervention mental wellness program that includes a 1.0 Program Supervisor and Transitional Therapist, a .50 FTE Case Manager, and a .25 FTE Clinical Supervisor to provide the following:

- Outreach and Education – presentations to various organizations who serve or are in contact with Older Adults regarding the various mental health related risk factors (including signs of depression and suicide warning signs) associated with the Older Adult population and education regarding the resources and services available to help.
- Caring Callers Program – a prevention program targeted at Older Adults at risk for depression and other mental health issues due to isolation and loneliness.
- Senior Peer Counseling – counseling and supportive services provided by professionally trained senior peer

counselors and supervised by licensed clinicians.

- Depression Screenings – countywide screenings of Older Adults for depression in community based settings.
- Individual and Group Transitional Therapy – brief, low intensive early intervention therapy provided by a licensed clinician specializing in Older Adults.

Community Services and Supports (CSS) – Older Adult Full Service Partnership (FSP): In FY 2014-15, Behavioral Health staff recommended to the MHSA stakeholder group that a Request for Proposal (RFP) process be administered for several of the CSS programs to test the market, including all FSP programs. Wilshire was selected as the new provider for the Older Adult FSP program. Prior to FY 2015-16, Transitions Mental Health Association was the agency contracted to provide the support services, while the Department provided therapy and medication management services to the clients. Beginning in FY 2015-16, Wilshire will provide both the supportive services and therapy services for clients enrolled in the FSP program. The Department will continue to provide the medication management for the clients.

As a result of the change in services provided, the Department is requesting to delete a 1.0 FTE Mental Health Therapist IV from the Position Allocation List for FC 166 – Behavioral Health. The County staff member in that position will be moved into one of the newly added Mental Health Therapist positions within the Department's Mental Health Core programs.

Wilshire provides a .50 FTE Clinician, a .50 FTE Nurse Practitioner, and a 1.0 FTE Case Manager to serve one Older Adult FSP team serving 20 older adult clients with serious mental illness who are at risk of institutional care. Services are defined as "whatever it takes" and are available "24/7" and range from therapy and case management to crisis care, individual rehabilitation activities, and transportation.

OTHER AGENCY INVOLVEMENT/IMPACT

County Counsel has reviewed and approved the contract as to form and legal effect. The MHSA stakeholder group has approved the additional costs associated with this contract.

FINANCIAL CONSIDERATIONS

The FY 2014-15 Behavioral Health Adopted Budget includes \$528,889 in appropriation for Wilshire Community Services. This is an increase of \$320,000 from the prior year and is a result of the services they will be providing for the Older Adult Full Service Partnership program. The contract is funded with MHSA revenue, Medi-Cal revenue, and Medicare revenue. No General Fund revenue is required.

RESULTS

Each program is assigned objectives, outcome goals, and key indicators in collaboration with the contractor, Behavioral Health staff and, often, stakeholder input. Measures are put in place according to target populations, chosen strategies, and resources necessary to collect and analyze the data. Behavioral Health operations and administrative staff often triangulate various data points to assess whether indicators are leading to the desired outcomes.

Wilshire provides the County with quarterly data reports which give results of surveys, output counts, and anecdotal evidence and are measured against budgeted targets for each program. Data tools may include consumer self-reports, pre/post testing, and tools designed for specific engagements. Quarterly meetings with the contractor include review of data instruments and collection methods to ensure continual improvements in performance and quality. Program targets are set at a minimum acceptable level, as negotiated with the contractor, with the overall purpose of providing the best possible service to our clients. In all cases, the objective is to strive for outcomes which promote the County's goal of a safe, healthy, and livable community.

Prevention and Early Intervention – The measure for number of Senior Peer Counseling or Caring Callers that were screened and assessed was revised in FY 2014-15. In previous years, the target measure was set at 200, which Wilshire exceeded. As a result, the FY 2014-15 target was increased based on historical data. Wilshire and the Department agreed to keep the FY 2015-16 target at 600, as it is thought that the lower actuals for FY 2014-15 is an anomaly.

Similarly, the unduplicated number enrolled in Senior Peer Counseling or Caring Caller is also unusually low due to a decreased demand. As noted above, Wilshire and the Department agreed to keep the FY 2015-16 target at 185, as FY 2014-15 seems to be an anomaly.

Older Adult Mental Health Initiative	2014-15 Target	2014-15 Actual	2015-16 Target
Senior Peer Counseling or Caring Caller clients screened and assessed for appropriate services	600	358	600
Unduplicated number enrolled in Senior Peer Counseling or Caring Caller program	185	126	185
Number screened for depression	1,000	1,793	1,000
Unduplicated number receiving Transitional Therapy	50	34	50
Professional Presentations	50	62	50
Group therapy sessions offered	16	52	16

Caring Callers participants (65 received surveys):

- 95% of clients surveyed reported an 81% average increase in their overall satisfaction with life.
- 94% of clients surveyed reported a 78% average decrease in feelings of loneliness.
- 79% of clients surveyed reported a 68% average increase in their activity levels,

Senior Peer Counseling and Transitional Therapy participants (111 received surveys):

- Clients who completed 4-8 sessions of therapy reported a 69% decrease in their symptoms of depression.

Community Services and Supports – As previously noted, FY 2015-16 will be the first year Wilshire will provide FSP services.

Older Adult FSP Team	2015-16 Target
Unduplicated Older Adult FSP clients served	20
Service Minutes	36,000
Service Engagements	960
Percentage of reduction in homelessness	35%
Percentage of reduction in incarcerations	85%
Percentage of reduction in psychiatric health facility days	70%
Percentage of reduction in emergency room visits	70%
Clients in educational, or paid and unpaid employment opportunities will increase by 33%	33%
Clients will have a 25% reduction in the presentation of symptoms at the end of 6 months following enrollment	25%
Clients will have a 75% reduction in the presentation of symptoms at the end of 1 year following enrollment	75%

ATTACHMENTS

1. Attachment 2 - Resolution for Position Allocation List Amendment
2. Attachment 1 - Wilshire Community Services FY 2015-16 Renewal Contract